

New Mexico and National Helplines

ADOPTION/FOSTER CARE

1-800-432-2075 Adoption/Foster Care Hotline (NM Child, Youth, Family)

ADVOCACY ORGANIZATIONS

1-800-358-6493 The ARC of New Mexico (505/883-4630)

1-800-371-5525 Protection and Advocacy System (505/256-3100)

1-800-524-5176 Parents Reaching Out (505/865-3700)

505-827-7590 Development Disabilities Planning Council (DDPC)

1-800-862-7271 Family Voices National Office

1-200-408-9514 National Assoc. of Protection & Advocacy

1-800-862-7271 Native American Protection and Advocacy Project (NAPAP)

505-827-6465 Governor's Committee on Concerns for the Handicapped (GCCH)

www.familyvoices.org

www.protectionandadvocacy.com

AGING

1-800-432-2080 or 505/827-7640 NM State Agency on Aging

505/827-4300 Nursing Homes Licensing & Certification Bureau (NM Dept. of Health)

AIDS

1-800-342-AIDS (recorded message)

U.S. Public Health Service

1-800-545-2437 AIDS HOTLINE

ALCOHOL

1-505-837-4227 National Fetal Alcohol Syndrome Prevention Project

1-800-257-7800 Hazelden Foundation

1-800-344-2666 Al-Anon Family Group Headquarters

1-800-252-6465 Alcohol Helpline

1-800-772-7710 Rocky Mountain Rehab Center

ALLERGY

1-800-842-7777 American College of Allergy and Immunology

1-800-822-2762 American Academy of Allergy and Immunology

ALZHEIMER'S DISEASE

1-800-272-3900 National Alzheimer's Association

1-800-777-8155 NM Alzheimer's Assoc.

AMYOTROPHIC LATERAL SCLEROSIS

1-800-782-7800 Arthritis Foundation

ATTENTION DEFICIT DISORDER

1-800-487-2282 Attention Deficit Disorder Association (ADDA)

1-800-233-4050 Children & Adults with AD/HD (voice mail for info. packet)

1-847-432-2332 National A.D.D. Association

1-281-897-0982 A.D.D. Assoc. Southern Region

505/880-1120 Attention Deficit & Learning Disorder Clinic Albuquerque, NM

www.chadd.org

www.add.org

www.adda.sr.org

AUTISM

1-505-294-2963 New Mexico Autism Society

1-800-270-1861 Southwest Autism Network (SWAN)

www.nmautismsociety.org

<http://cdd.unm.edu/aut>

BEHAVIORAL HEALTH SERVICES

1-800-772-3804 Behavioral Health Services

505/827-2601 Behavioral Health Services (Dept. of Health) Santa Fe, NM

505/272-2890 Children's Psychiatric Hospital

505/272-9988 CYFD (Prevention & Intervention)

1-800-953-6745 NAMI New Mexico

1-800-273-7232 Parents for Behaviorally Different Children (PBDC)

www.health.state.nm.us

www.hospitals.unm.edu

www.cyfd.state.nm.us

www.naminm@aol.com

pbdc2000@aol.com

BIRTH DEFECTS

1-800-221-6827 National Easter Seal Society
1-505-881-9446 March of Dimes Birth Defects Foundation

BLIND/VISION IMPAIRED

1-800-424-8666 American Council of the Blind Parents www.acb.org
1-800-451-1339 American Society of Cataract and Refractive Surgery
1-800-222-3566 Blind Children's Center www.blindchildrenscenter.org
1-888-513-7968 NM Commission for the Blind (Voc. Rehabilitation Services) www.state.nm.us
1-800-AF-Blind American Foundation for the Blind www.afb.org
1-800-489-8536 NM Commission for Deaf and Hard of Hearing Persons www.state.nm.us
1-800-221-4792 (cassette tapes) Recording for the Blind, Inc.
1-800-562-6265 National Assoc. of Parents of Visually Impaired
1-212-889-3141 National Association for Visually Handicapped
1-716-427-8260 National Braille Association, Inc. (NBA)
1-888-965-8965 National Braille Press (e-mail orders)
1-301-496-5248 National Eye Institute, National Institutes of Health
1-410-659-9314 National Federation of the Blind, Parents Division
1-202-707-5100 (202) 707-0744 (TTY) National Library Service for the Blind
1-847-843-2020 (800) 331-2020 Prevent Blindness America
1-888-394-3937 (800) 683-5551 (TTY) The Foundation Fighting Blindness
1-800-548-4337 Guide Dog Foundation for the Blind

BRAIN INJURY

1-800-444-6443 Brain Injury Association www.biausa.org
1-888-292-7415 Brain Injury Association of New Mexico
1-877-696-1472 Brain Injury Program of LTSD Office
1-202-884-4927 Emergency Medical Services for Children www.ems-c.org/
1-800-332-1000 (800) 332-2070 (TTY) Epilepsy Foundation National Office www.effa.org
1-415-434-3388 (800) 245-6686 (CA only) Family Caregiver Alliance www.caregiver.org
1-888-835-5669 Family Voices www.familyvoices.org
1-206-621-8558 Head Injury Hotline www.headinjury.com

BUREAU OF INDIAN AFFAIRS

505/346-6522 Office of Facilities Mgt. & Construction
Fax # 505/346-6558

CANCER

1-800-4-CANCER National Cancer Institute
1-800-525-3777 American Medical Center Cancer Research
1-800-221-2141 Y-Me Breast Cancer Support

CEREBRAL PALSY

1-800-872-5827 United Cerebral Palsy Association
1-800-472-3235 Cerebral Palsy Parent Association www.people.virginia.edu

CHILDREN

505/827-1630 NM Children Youth & Families (Adolescent Transition Group) www.state.nm.us
1-800-797-3260 NM Communities in School www.state.nm.us
1-800-433-9016 American Academy of Pediatrics
1-800-422-4453 Child Help USA
1-800-USA-KIDS Missing Children Help Center
1-800-843-5678 National Center for Missing & Exploited Children
1-800-695-0285 National Info. Center for Children and Youth with Disabilities www.kidsource.com/NICHCY
1-800-442-4673 Children's Rights Hotline
1-800-323-9474 Children's Wish Foundation

CLEFT PALATE

1-800-24-CLEFT www.cleftline.org

COLITIS/ILEITIS

1-800-343-3637 National Colitis Foundation

CONSUMER PROTECTION

1-800-525-6519 To Report Medicaid Fraud
1-800-678-1508 Consumer Protection Division
1-800-300-2020 Attorney General Alert Line

CONTRACEPTION

1-800-584-9911 The Emergency Contraception Hotline

CORRECTIONS (NM Dept. of Correction Education Bureau)

1-505-827-8842 (Project SOAR)

CYSTIC FIBROSIS

1-800-344-4823

www.cff.org

CRIME STOPPERS

1-800-287-4258

DEAF-BLIND

1-877-614-4051 Project for NM Children & Youth Who are Deaf-Blind
505/899-6674 Albuquerque, NM Office

<http://cdd.unm.edu>

<http://cdd.unm/nmdb>

DEAF NEW MEXICO COMMISSION FOR THE DEAF or HARD OF HEARING

1-800-489-8536 New Mexico Commission for the Deaf or Hard of Hearing

505/-827-7584 - NM Commission for the Deaf Santa Fe, NM

1-800-659-1779 New Mexico Relay Network Albuquerque

1-800-659-8331 TTY

1-800-841-6699 New Mexico School for the Deaf

1-800-292-8465 New Mexico Speech-Language-Hearing Association

www.relay.k12.nm.us

www.nmsd.k12.nm.us

www.nmsha.org

DEAFNESS RESEARCH FOUNDATION

1-800-535-3323

DIABETES

1-800-223-1138 Juvenile Diabetes Foundation

1-800-232-3472 American Diabetes Foundation

DISABILITIES

1-505-883-4630 ARC of New Mexico

1-800-472-3235 Carrie Tingly Hospital for Physical Disabilities

1-800-827-6380 Center for Development and Disability

1-800-283-5548 Centralized Services Team

1-888-CEC-SPED Council for Exceptional Children

1-505-827-2574 Dept. of Health NM Developmental Disabilities Division

1-877-696-1472 Developmental Disabilities Program

1-800-552-8195 Disabilities Information

1-505-867-3396 EPIC Project

1-614-292-4653 Eric Clearing House

1-505-827-6465 Governor's Committee on Concerns of the Handicapped

1-800-432-4682 Information Center for New Mexicans with Disabilities

1-800-526-7234 Job Accommodation National Organization on Disability

1-412-341-1515 Learning Disabilities Association

1-800-223-5219 National Rehabilitation Association

1-212-532-6740 Life Services for the Handicapped, Inc.

1-516-747-5400 National Center for Disability Services

770/951-6111 or 770-953-3750 Medically Fragile Program

1-800-999-5599 National Information Center for Children & Youth with Handicaps

1-516-747-5400 National Center for Disability Services

1-202-687-7211 National Center for Learning Disabilities

1-800-444-6443 National Head Injury Foundation

1-800-34-NARIC National Rehabilitation Information Center

505/827-7590 New Mexico Developmental Disabilities Planning Council

www.cec.sped.org

www.eriche.org

www.nationalrehab.org

www.disabledandalone.org

www.ncds.org

www.handicap.com/foundati.htm

www.disabledandalone.org

(Disability Information Continued)

1-202-376-6200 or 202-376-6205 President's Committee on Employment of People with Disabilities
1-800-825-6639 State of New Mexico Referral to Agencies

DISABILITIES - SEVERE

1-410-828-8274 (410) 828-1306 (TTY) TASH (Formerly Assoc. for Persons w/Severe Handicaps)
1-800-346-2742 Ntl. Rehab. Info. Center www.naric.com
1-301-565-3842 The ARC www.thearc.org
1-800-872-5827 UCP-United Cerebral Palsy ucpnatl@ucpa.org www.ucpa.org

DOMESTIC VIOLENCE

505-758-9888 Crisis-line Battered Women

DOWN SYNDROME

1-505-831-5464 Down's Syndrome Association of Albuquerque
1-800-221-4602 National Down Syndrome Society
1-800-232-NDSC National Down Syndrome Congress

DRUG ABUSE

1-800-662-HELP National Institute on Drugs
1-800-962-8963 Substance Abuse Helpline
1-800-227-2345 American Cancer Society

DIVISION OF VOCATIONAL REHABILITATION

1-800-235-5387 NM Rehabilitation Services
1-800-235-5387 American Indian Voc. Rehabilitation
1-800-235-5387 NM Psychological Services
1-505-232-8701 ext. 113 School-to-Work
1-505-525-6190 Migrant Office on Rehabilitation (MORE) www.state.nm.us/dvr
1-800-964-3798 NM Supported & Competitive Employment Program www.state.nm.us/dvr
1-800-866-2253 NM Technology Assistance Program (NMTAP) www.state.nm.us/dvr
1-800-318-1469 Project Succeed www.state.nm.us/dvr
1-877-553-3204 Specialized Training and Employment (STEPS) www.state.nm.us/dvr
1-800-318-1469 Transition Into Apprenticeship
1-505-232-8701 ext.113 Transition School-to-Work www.drgetsjobs.com

DYSLEXIA

1-800-ABCD-123 Orton Dyslexia Society
505/821-2545 New Mexico Learning Disabilities Association www.vivanewmexico.com/nmlda

EDUCATION

1-801-585-5659 American Council on Rural Special Education
1-888-CEC-SPED Council for Exceptional Children www.cec.sped.org
1-614-292-4653 Eric Clearing House www.eric.org
505/827-6512 NM Dept. of Education Career Technical & Adult Services
505/827-6541 NM Director of Special Education Sam Howarth showarth@sde.state.nm.us
505/827-7383 NM Commission on Higher Education www.nmche.org/
505/827-6508 SDE Career Focused Student Learning System
505/827-6553 Special Ed. Unit- Director of Transition Services sgronewold@sde.state.nm.us

EPILEPSY

1-800-332-1000 Epilepsy Foundation of America

EMPLOYMENT

1-800-964-3798 Alliance for Supported Employment

GUARDIANSHIP

1-800-358-6493 or 505/883-4630 - The ARC of New Mexico Fax# 505/883-5564

HEAD INJURY

1-800-444-6443 National Head Injury Foundation

HEPATITIS HOTLINE 1-800-545-2437

HEALTH

1-800-359-2528 Life course Health Information
1-800-336-4797 National Health Information Clearinghouse
1-505-827-2429 NM Dept. of Health (Developmental Delay)
1-800-283-5548 NM Dept. of Health DD Waiver Program
1-800-283-5548 NM Dept. of Health Adult DD Waiver Program
1-800-283-5548 NM Dept. of Health Medically Fragile Waiver Program
1-505-827-2429 NM Dept. of Health Traumatic Brain Injury Program

www.lifecoursehealth.com/index.html

www.health.state.nm.us

HEARING/COMMUNICATION HANDICAPS

1-800-535-3323 Deafness Research Foundation or 1-800-521-5247
1-800-866-2253 New Mexico Technical Assistance Program Santa Fe, NM

HEART

1-800-242-8721 American Heart Association

HOSPITALS

1-800-472-3235 Carrie Tingley Children s Hospital

HUMAN SERVICES

1-505-827-7252 NM Income Support Div. & Financial Assistance
1-505-827-3155 NM Medical Assistance Program

www.state.nm.us

www.state.nm.us

KIDNEY

1-800-638-8299 American Kidney Fund

LABOR

505/827-6827 NM Dept. of Labor Workforce Investment Act

www.state.nm.us

LEGAL SERVICES

1-800-357-0777 or 505/848-3777 NM Lawyer Referral Program Statewide
1-800-678-1508 or 505/827-6060 Office of the Attorney General
1-800-300-2020 Attorney General Consumer Alert Line

LUPUS

1-800-638-0121 Lupus Foundation

MEDICAID PERSONAL CARE SERVICES

1-800-432-6217 Mexico Human Services Dept. (Medical Assistance Program)

MUSCULAR DYSTROPHY ASSOCIATION

505/828-1331 Muscular Dystrophy Assoc. Albuquerque, NM

www.mdaua.org

MYASTHENIA GRAVIS FOUNDATION

1-800-541-5454 Myasthenia Gravis Foundation

www.state.nm.us/hsd/mad

NEW MEXIKIDS (Low Cost Health Insurance Coverage for Kids)

1-888-997-2583

PRADER _ WILLI SYNDROME

505/256-3100 Prader-Willi Syndrome Albuquerque, NM

www.pwsausa.org

PARALYSIS

1-800-225-0292 American Paralysis Foundation

PARKINSON S DISEASE

1-800-327-4545 National Parkinson Foundation

POISON

1-800-432-6866 Poison Information Center

PROTECTIVE SERVICES

1-800-432-6217 Adult Protective Services Information and Referral

RESPIRATORY

1-800-222-LUNG National Asthma Center

REYES SYNDROME

1-800-233-7393

RUNAWAY

1-800-231-6946 Runaway Hotline

1-800-621-4000 Runaway Hotline National Switchboard

SCLERODERMA

1-800-722-HOPE United Scleroderma

SICKLE CELL

1-800-421-8453 National Assoc. For Sickle Cell

SOCIAL SECURITY

1-800-772-1213 Social Security (General Information)

www.ssa.gov

SPEECH & LANGUAGE

1-800-638-8255 American Speech-Language Hearing Assoc. (ASHA)

1-800-242-5338 Cleft Palate Foundation

1-412-767-6589 Childhood Apraxia of Speech Assoc. of N. America

1-800-221-6827 Easter Seals Ntl. Office

1-888-300-6710 Learning Disabilities Assoc. of America

1-202-232-3579 Scottish Rite Foundation

1-608-262-9666 (608) 263-5408 (TTY) Trace Research and Dev. Center

www.asha.org

www.cleftline.org

www.apraxia-kids.org

www.easter-seals.org

www.Idanatl.org

web@trace.wisc.edu

SPINA BIFIDA

1-888-663-4637 March of Dimes Defects Foundation

1-800-621-3141 Spina Bifida Assoc.

1-800-221-6827 (312) 726-4558 (TTY) Easter Seals Ntl. Office

1-800-346-2742 (301) 495-5626 (TTY) Ntl. Rehab. Info. Center (NARIC)

505/ 242-1184 Spina Bifida Assoc. Albuquerque, NM

www.sbaa.org

www.easter-seals.org

www.naric.com

sbanm@aol.com

STROKE

1-800-553-6321 Courage Stroke Network

SUICIDE

1-800-621-4000 Suicide Adolescent Hotline

VETERANS

505/827-6300 NM Veterans Service Commission

VOCATIONAL

1-800-224-7005 NM Division of Vocational Rehabilitation

1-800-526-7234 or 304-293-7186 Job Accommodation Network (JAN)

505/243-0299 New Mexico Job Corp

www.state.nm.us/dvr

WOMEN S HEALTH

1-800-994-WOMAN National Women s Health Info. Center

WORKERS COMPENSATION

1-800-255-7965

YOUTH 1-800-448-4663 National Youth Crisis Hotline 1-800-872-0200

